



**Hampstead**  
Animal Hospital



## **LITTER BOX GUIDELINES**

- Have one more litter box than you have cats.
- Place the litter boxes throughout the house and on all levels.
- Don't place them near appliances that can suddenly turn on or off (ie heating and air, washing machines, etc).
- Ensure all cats, especially older cats, can access the boxes.
- Leave the litter boxes uncovered.
- Clean or scoop the litter boxes daily.
- Completely change weekly to monthly depending on usage.
- Try to avoid heavily perfumed litters.
- Use at least 1-2 inches of litter
- Most cats have a litter preference...when you find one your cat likes – stick with it.
- Pheromone diffusers, sprays or wipes such as 'Feliway' brand products can help reduce stress in multi-cat households.
- Oral nutraceuticals such 'Solliquin' or 'Zylkene' mimic mother's milk to help alleviate stress.